

**Sunkyung Yoon, Ph.D.**

Department of Psychology

Sungkyunkwan University

[syoon0113@skku.edu](mailto:syoon0113@skku.edu)**CURRENT POSITION**

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Assistant Professor, Department of Psychology/Sungkyunkwan University

February, 2020 – Present

**EDUCATION**

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Postdoctoral Fellow, McLean Hospital/Harvard Medical School

2020 – August, 2021

Pre-Doctoral Internship, McLean Hospital/Harvard Medical School

2019 – July 2020

*Accreditations:* American Psychological Association

Doctor of Philosophy, Clinical Psychology, University of South Florida (USF)

2018 – August 2020

*Accreditations:* American Psychological Association

Masters of Arts, Clinical Psychology, USF

2015 – 2017

Masters of Arts, Clinical Psychology, Sogang University; South Korea

2012 – 2014

Bachelor of Arts; Psychology; Sogang University, South Korea

2006 – 2011

*Summa Cum Laude* honors**SCHOLARSHIP/AWARDS**

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Student Diversity Award

2020

- The Society of Affective Science
- Awarded to a minority graduate student who presents a first-author work in the conference

Valerie Reed Memorial Award

2019

- University of South Florida, Department of Psychology
- Awarded to Best Clinical Scientist of Graduate Student Cohort

USF Clinical Psychology Graduate Student Research Fellowship

2018

- University of South Florida, Department of Psychology
- \$2500 for summer research projects, including a review project on why individuals with depression use putatively maladaptive emotion regulation strategies (Yoon & Rottenberg, 2020)

Student Government Travel Award

2018

- University of South Florida, Department of Psychology
- Monetary award (\$500) for reimbursement of conference travel expenses

- Professor Charles D. and Carol Spielberger Endowed Fund award 2016
- University of South Florida, Department of Psychology
  - Monetary award (\$5000) for summer research projects on emotion
- Best oral presentation award 2014
- Spring Conference of Korean Academy of Anxiety Disorder, South Korea
  - Monetary award
- Albatross fellowship Scholarship award 2012–2014
- Sogang University, South Korea
  - Scholarship awarding full tuition costs due to Top 1% of undergraduate CGPA.
- Top 5% in Social Science award 2009
- Sogang University, South Korea
  - Monetary award (\$100)
- South Korea Government Academic Scholarship award 2009
- South Korea
  - Monetary award (\$1000) due to academic excellence
- Tuition Scholarship award 2007, 2009, 2010
- Sogang University, South Korea
  - Scholarship awarding 1/3 of tuition costs for academic excellence

## **PUBLICATIONS**

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### **Peer-reviewed (20)**

**Yoon, S.,** Nevins, C. M., Peckham, A. D., & Pinder-Amaker, S. L. (2022). Factor Structure of the Counseling Center Assessment of Psychological Symptoms (CCAPS): Comparisons Across College Students in Inpatient and Outpatient Settings. *Psychiatry Research*, 114464.

Panaite, V., **Yoon, S.,** Devendorf, A. R., Kashdan, T. B., Goodman, F. R., & Rottenberg, J. (2022). Do positive events and emotions offset the difficulties of stressful life events? A daily diary investigation of depressed adults. *Personality and Individual Differences*, 186, 111379.

**Yoon, S.,** Nevins, C. M., Liu, C. H., Chen, J. A., & Pinder-Amaker, S. L. (2021). Clinical profiles of college student patients in a psychiatric hospital. *Journal of Psychiatric Research*, 140, 289-294.

**Yoon, S.,** Bell, C. B., & Pinder-Amaker, S. L. (2021). Development of college student focused care in a psychiatric hospital: Preliminary clinical outcomes and future directions. *Journal of American College Health*, 1-8.

**Yoon, S.** & Rottenberg, J. (2020) Listening to the blues: An ecological momentary assessment of music choice in depression. *Emotion*.

**Yoon, S.,** Kim, Y., & Lee, S.H. (2020) Does the loudness dependence of auditory evoked potential predict response to selective serotonin reuptake inhibitors?: a meta-analysis *Clinical Psychopharmacology and Neuroscience*

Hom, M. A., Weiss, R. B., Millman, Z. B., Christensen, K., Lewis, E. J., Cho, S., **Yoon, S.**, ... & Schrock, M. D. (2020). Development of a virtual partial hospital program for an acute psychiatric population: Lessons learned and future directions for telepsychotherapy. *Journal of Psychotherapy Integration*, 30(2), 366.

**Yoon, S.** & Rottenberg, J. (2020) Why do people with depression use faulty emotion regulation strategies? *Emotion Review*. 12(2), 118-128.

**Yoon, S.**, Kleinman, M., Mertz, J., & Brannick, M. (2019). Is social network site usage related to depression? A meta- analysis of Facebook-depression phenomenon. *Journal of affective disorders*, 248, 65-72.

**Yoon, S.**, Verona, E., Schlauch, R., Schneider, S., & Rottenberg, J. (2019). Why do depressed people choose sad stimuli? *Emotion*, 20(4):613-624.

**Yoon, S.**, Dang, V., Mertz, J., & Rottenberg, J. (2018). Are attitudes towards emotions associated with depression? A Conceptual and meta-analytic review. *Journal of affective disorders*, 232, 329-340.

Rottenberg, J., & **Yoon, S.** (2017). Whither Inflexibility in Depression?. *Clinical Psychology: Science and Practice*, 24(3), 277-280.

**Yoon, S.**, Lee, S. H., & Kim, H. S. (2016). Expected Emotional Usefulness and Emotional Preference in Individuals with Major Depressive Disorder. *Clinical Psychopharmacology and Neuroscience*, 14(2), 194.

**Yoon, S.**, Kim, H. S., Kim, J. I., Lee, S., & Lee, S. H. (2016). Reading simple and complex facial expressions in patients with major depressive disorder and anxiety disorders. *Psychiatry and clinical neurosciences*, 70(3), 151-158.

**Yoon, S.**, Shim, M., Kim, H. S., & Lee, S. H. (2016). Enhanced early posterior negativity to fearful faces in patients with anxiety disorder. *Brain topography*, 29(2), 262-272.

Shim, M., Kim, D. W., **Yoon, S.**, Park, G., Im, C. H., & Lee, S. H. (2016). Influence of spatial frequency and emotion expression on face processing in patients with panic disorder. *Journal of affective disorders*, 192, 159-166.

Roh, S. C., Park, E. J., Park, Y. C., **Yoon, S.**, Kang, J. G., Kim, D. W., & Lee, S. H. (2015). Quantitative electroencephalography reflects inattention, visual error responses, and reaction times in male patients with attention deficit hyperactivity disorder. *Clinical Psychopharmacology and Neuroscience*, 13(2), 180.

Kim, J. I., **Yoon, S.**, Oh, H. K., & Lee, S. H. (2015). Clinical significance for neurofeedback training of children with attention- deficit/hyperactivity disorder. *Journal of Korean Neuropsychiatric Association*, 54(1), 62-68.

Lee, S. H., Park, Y. C., **Yoon, S.**, Kim, J. I., & Hahn, S. W. (2014). Clinical implications of loudness dependence of auditory evoked potentials in patients with atypical depression. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 54, 7-12.

Lee, S. H., **Yoon, S.**, Kim, J. I., Jin, S. H., & Chung, C. K. (2014). Functional connectivity of resting state EEG and symptom severity in patients with post-traumatic stress disorder. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 51, 51-57.

## **PRESENTATIONS**

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### *Oral Proceedings (4)*

**Yoon, S** (2020, June). An Ecological Momentary Assessment of Music Choice in Depression. Presented at the virtual 2020 SAS (Society of Affective Science) Annual Conference

**Yoon, S** (2018, April). Why Depressed Persons Prefer Sad Stimuli? Presented at the 2018 SAS Annual Conference

**Yoon, S.** (2018, March). Are Attitudes Towards Emotions Associated with Depression? A Conceptual and Meta-Analytic Review. Presented at the Clinical Area Brownbag Lecture Series, Department of Psychology, University of South Florida

**Yoon, S** (2014, May). Perceptual Deficit for Facial Emotion in Patients with Major Depressive Disorder and Anxiety Disorders. Presented at the Spring Conference of Korean Academy of Anxiety Disorder, South Korea

### *Poster Presentations (7)*

Grannad, N., Kleinman, M., Mertz, J., Dang, V., **Yoon, S.**, & Rottenberg, J. (2019, April). Implicit and explicit attitudes towards emotion exhibit differential relations to depression. Presented at the 2019 SAS Annual Conference

**Yoon, S.**, Kleinman, M., Mertz, J., Dang, V., Grannad, N & Brannick, M. (2019, April). Is social network site usage related to depression? A meta-analysis of Facebook-depression phenomenon. Presented at the 2019 SAS Annual Conference

**Yoon, S.**, Mertz, J., Dang, V., Grannad, N., Kleinman, M., & Rottenberg, J. (2018, May). Affect valuations predict emotional reactivity to future exam success and failure. Presented at the 30th APS (Association for Psychological Science)

**Yoon, S.** (2015, December). The validation of emotional video excerpts. Presented at the First year project research presentation, Department of Psychology, University of South Florida

**Yoon, S.** & Lee, S.H. (2015, April). Early posterior negativity as an electrophysiological evidence of increased brain activation for fearful face in patients with anxiety disorder. Presented at the 35th ADAA (Anxiety and Depression Association of America) Annual Conference

**Yoon, S.**, Kim, H.S., & Lee, S. H. (2014, August). Emotional Preference and emotional expected usefulness in individuals with major depressive disorder. Presented at the American Psychological Association's 122nd Annual Convention

Lee, S.H., **Yoon, S.**, & Kim, D.W. (2013, May). Functional connectivity of resting state EEG and symptom severity of patients with post-traumatic stress disorder. Presented at the Spring Conference of Korean Academy of Anxiety Disorder, South Korea

## **RESEARCH EXPERIENCES**

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### Postdoctoral Fellow

College Mental Health Program, McLean Hospital/Harvard Medical School  
*Advisor: Stephanie Pinder-Amaker, Ph.D.*

2020 – 2021

### Graduate Research Assistant

Mood and Emotion Lab, USF  
*Advisor: Jonathan Rottenberg, Ph.D.*

2015 – 2019

### Graduate Research Assistant

Clinical Emotion and Cognition Lab, Inje University Ilsan Paik Hospital, South Korea  
*Advisor: Seung-Hwan Lee, M.D, Ph.D.*

2013 – 2015

## **EDITORIAL EXPERIENCE/AD HOC JOURNAL REVIEWING**

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Clinical Psychology Review  
 Journal of Affective Disorders  
 Bipolar Disorders  
 BMC Psychiatry  
 Clinical Psychological Science  
 Psychiatry and Clinical Neuroscience  
 Anxiety, Stress, & Coping  
 Child and Adolescent Mental Health

## **TEACHING/MENTORSHIP EXPERIENCE**

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### Course Instructor

Abnormal Psychology, USF

Spring, 2019

### Lab Instructor

Research Methods in Psychology, USF  
 Research Methods in Psychology, USF  
 Introduction to Psychological Science, USF

2018

2016

2015

### Course Assistant

Community Practicum Mental Health, USF  
 Counseling Psychology, Sogang University

2017

Fall, 2013

### Graduate Student Mentor

- Supervised research assistants                      Mood and Emotion Lab                      2016- May 2019
- *Mentees:* Brendon Solomon, Helena Polansky, Jessica Mertz, Mary Kleinman, Nakisa Ghannad, Van Dang, Veronica Vazquez
- Provided bi-weekly statistical seminars
- Provided one-on-one meetings regarding career development

### Clinical Supervisor for practicum students

- Provided weekly supervision                      McLean hospital

2020- current

## CLINICAL EXPERIENCE

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### Postdoctoral Fellow- Mental Health Coach

McLean Hospital/Harvard Medical School

Sept 2020 – Present

- College Mental Health Program  
*Director:* Stephanie Pinder-Amaker, Ph.D.  
*Supervisors:* Caitlin Nevins, Ph.D.  
*Population:* College students with a wide range of mental disorder(s)  
*Emphasis:* Providing individual coaching sessions to college students, including DBT, CBT, ACT, and mindfulness

### Clinical Psychology Intern

McLean Hospital/Harvard Medical School

2019 –July 2020

- Behavioral Health Partial Hospital Program  
*Directors:* Thröstur Björgvinsson, Ph.D., Philip G. Leventusky, Ph.D.  
*Supervisors:* Elsa Ronningstam, Ph.D., Jacob A. Nota, Ph.D., Kerry Garvey, Ph.D., Matthew D. Schrock, Ph.D.  
*Population:* Adults with a wide range of mental disorder(s)  
*Emphasis:* Providing group therapies and individual therapies to adults, including DBT, CBT, ACT, and mindfulness
- McLean On Track program  
*Supervisor:* Kathryn Eve Lewandowski, Ph.D.  
*Population:* Young adults with first episode psychosis and bipolar disorder(s) *Emphasis:* Providing individual therapies to young adults, including CBT for psychosis, motivational interviewing, and psychoeducation about mental health and self-care
- McLean OCD Institute  
*Supervisor:* Jason Krompinger, Ph.D.  
*Population:* Adults with OCD and its related disorders  
*Emphasis:* Providing individual coaching and a group therapy on life in recovery

### Clinical Psychology Extern

Rogers Behavioral Health, Tampa

2017 – 2018

- Child & Adults therapy  
*Supervisor:* Sim Yin Tan, Ph.D  
*Population:* Children and Adults with mood and anxiety disorders  
*Emphasis:* Providing group therapies to adolescents and adults, including DBT, CBT and mindfulness; providing exposure response preventions to children and adolescents with anxiety disorders

Graduate Student Clinician

Psychological Services Center (Psychology Department) at USF

2012 – 2019

- Child & Adults assessments and therapy

*Supervisors:* Vicky Phares, Ph.D., Margaret Booth-Jones, Ph.D., James Epps, Ph.D., Kristi Weiner, Ph.D.

*Population:* Sliding-scale community outpatient clinic with rotations focused on: A) children presenting for gifted, attention deficit, and/or learning disability evaluations; B) children with emotional problems; C) adults with mood and anxiety disorders; and D) adults presenting for specific learning difficulties, ADHD, and other neurocognitive difficulties

*Emphasis:* Conducting psychoeducational evaluations; scoring assessments; writing integrative reports; providing recommendations and feedback to families; conducting initial patient evaluations; providing client feedback; providing cognitive-behavioral therapy

Intake Interviewer

Department of Psychiatry, Inje University Ilsan Paik Hospital, South Korea

2014 - 2015

- Intake assessment

*Supervisors:* Seung-Hwan Lee, Ph.D.

*Population:* Newly admitted outpatients

*Emphasis:* Administering intake interview and self-reported symptom measures (HAM-A/D; MMSE); producing a brief summary of symptoms of newly admitted patients

Therapy Assistant

Aicorea Songpa-Aizone, Seoul Municipal Counseling Center for Children, South Korea

Nov 2012-Feb 2013

- Child therapy

*Population:* Children with behavioral and emotional problems in underserved communities

*Emphasis:* Assisting group therapies and producing written observation reports

Therapy Assistant

Social Skills Training Group, Rudolph Child Research Center, South Korea

2007, 2009-2010

- Child therapy

*Supervisor:* Yun-Joo Koh, Ph.D.

*Population:* Children/ Adolescents with Autism spectrum disorders (ASD)

*Emphasis:* Assisting social skills training groups for children with ASD; producing written observation reports

**PROFESSIONAL AFFILIATIONS**

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American Psychological Association (APA)

- Division 12: Society of Clinical Psychology

Society of Affective Science