

Sunkyung Yoon, Ph.D.

Department of Psychology

Sungkyunkwan University

syoon0113@skku.edu**CURRENT POSITION**

Assistant Professor, Department of Psychology/Sungkyunkwan University February, 2020 – Present

EDUCATION

Postdoctoral Fellow, McLean Hospital/Harvard Medical School 2020 – August, 2021

Pre-Doctoral Internship, McLean Hospital/Harvard Medical School 2019 – July 2020

Accreditations: American Psychological Association

Doctor of Philosophy, Clinical Psychology, University of South Florida (USF) 2018 – August 2020

Accreditations: American Psychological Association

Masters of Arts, Clinical Psychology, USF 2015 – 2017

Masters of Arts, Clinical Psychology, Sogang University; South Korea 2012 – 2014

Bachelor of Arts; Psychology; Sogang University, South Korea 2006 – 2011

Summa Cum Laude honors**SCHOLARSHIP/AWARDS**

Student Diversity Award 2020

- The Society of Affective Science
- Awarded to a minority graduate student who presents a first-author work in the conference

Valerie Reed Memorial Award 2019

- University of South Florida, Department of Psychology
- Awarded to Best Clinical Scientist of Graduate Student Cohort

USF Clinical Psychology Graduate Student Research Fellowship 2018

- University of South Florida, Department of Psychology
- \$2500 for summer research projects, including a review project on why individuals with depression use putatively maladaptive emotion regulation strategies (Yoon & Rottenberg, 2020)

Student Government Travel Award 2018

- University of South Florida, Department of Psychology
- Monetary award (\$500) for reimbursement of conference travel expenses

- Professor Charles D. and Carol Spielberger Endowed Fund award 2016
- University of South Florida, Department of Psychology
 - Monetary award (\$5000) for summer research projects on emotion
- Best oral presentation award 2014
- Spring Conference of Korean Academy of Anxiety Disorder, South Korea
 - Monetary award
- Albatross fellowship Scholarship award 2012–2014
- Sogang University, South Korea
 - Scholarship awarding full tuition costs due to Top 1% of undergraduate CGPA.
- Top 5% in Social Science award 2009
- Sogang University, South Korea
 - Monetary award (\$100)
- South Korea Government Academic Scholarship award 2009
- South Korea
 - Monetary award (\$1000) due to academic excellence
- Tuition Scholarship award 2007, 2009, 2010
- Sogang University, South Korea
 - Scholarship awarding 1/3 of tuition costs for academic excellence

PUBLICATIONS

Peer-reviewed (20)

Yoon, S., Nevins, C. M., Peckham, A. D., & Pinder-Amaker, S. L. (2022). Factor Structure of the Counseling Center Assessment of Psychological Symptoms (CCAPS): Comparisons Across College Students in Inpatient and Outpatient Settings. *Psychiatry Research*, 114464.

Panaite, V., **Yoon, S.**, Devendorf, A. R., Kashdan, T. B., Goodman, F. R., & Rottenberg, J. (2022). Do positive events and emotions offset the difficulties of stressful life events? A daily diary investigation of depressed adults. *Personality and Individual Differences*, 186, 111379.

Yoon, S., Nevins, C. M., Liu, C. H., Chen, J. A., & Pinder-Amaker, S. L. (2021). Clinical profiles of college student patients in a psychiatric hospital. *Journal of Psychiatric Research*, 140, 289-294.

Yoon, S., Bell, C. B., & Pinder-Amaker, S. L. (2021). Development of college student focused care in a psychiatric hospital: Preliminary clinical outcomes and future directions. *Journal of American College Health*, 1-8.

Yoon, S. & Rottenberg, J. (2020) Listening to the blues: An ecological momentary assessment of music choice in depression. *Emotion*.

Yoon, S., Kim, Y., & Lee, S.H. (2020) Does the loudness dependence of auditory evoked potential predict response to selective serotonin reuptake inhibitors?: a meta-analysis *Clinical Psychopharmacology and Neuroscience*

- Hom, M. A., Weiss, R. B., Millman, Z. B., Christensen, K., Lewis, E. J., Cho, S., **Yoon, S.**, ... & Schrock, M. D. (2020). Development of a virtual partial hospital program for an acute psychiatric population: Lessons learned and future directions for telepsychotherapy. *Journal of Psychotherapy Integration*, 30(2), 366.
- Yoon, S.** & Rottenberg, J. (2020) Why do people with depression use faulty emotion regulation strategies? *Emotion Review*. 12(2), 118-128.
- Yoon, S.**, Kleinman, M., Mertz, J., & Brannick, M. (2019). Is social network site usage related to depression? A meta- analysis of Facebook-depression phenomenon. *Journal of affective disorders*, 248, 65-72.
- Yoon, S.**, Verona, E., Schlauch, R., Schneider, S., & Rottenberg, J. (2019). Why do depressed people choose sad stimuli? *Emotion*, 20(4):613-624.
- Yoon, S.**, Dang, V., Mertz, J., & Rottenberg, J. (2018). Are attitudes towards emotions associated with depression? A Conceptual and meta-analytic review. *Journal of affective disorders*, 232, 329-340.
- Rottenberg, J., & **Yoon, S.** (2017). Whither Inflexibility in Depression?. *Clinical Psychology: Science and Practice*, 24(3), 277-280.
- Yoon, S.**, Lee, S. H., & Kim, H. S. (2016). Expected Emotional Usefulness and Emotional Preference in Individuals with Major Depressive Disorder. *Clinical Psychopharmacology and Neuroscience*, 14(2), 194.
- Yoon, S.**, Kim, H. S., Kim, J. I., Lee, S., & Lee, S. H. (2016). Reading simple and complex facial expressions in patients with major depressive disorder and anxiety disorders. *Psychiatry and clinical neurosciences*, 70(3), 151-158.
- Yoon, S.**, Shim, M., Kim, H. S., & Lee, S. H. (2016). Enhanced early posterior negativity to fearful faces in patients with anxiety disorder. *Brain topography*, 29(2), 262-272.
- Shim, M., Kim, D. W., **Yoon, S.**, Park, G., Im, C. H., & Lee, S. H. (2016). Influence of spatial frequency and emotion expression on face processing in patients with panic disorder. *Journal of affective disorders*, 192, 159-166.
- Roh, S. C., Park, E. J., Park, Y. C., **Yoon, S.**, Kang, J. G., Kim, D. W., & Lee, S. H. (2015). Quantitative electroencephalography reflects inattention, visual error responses, and reaction times in male patients with attention deficit hyperactivity disorder. *Clinical Psychopharmacology and Neuroscience*, 13(2), 180.
- Kim, J. I., **Yoon, S.**, Oh, H. K., & Lee, S. H. (2015). Clinical significance for neurofeedback training of children with attention- deficit/hyperactivity disorder. *Journal of Korean Neuropsychiatric Association*, 54(1), 62-68.
- Lee, S. H., Park, Y. C., **Yoon, S.**, Kim, J. I., & Hahn, S. W. (2014). Clinical implications of loudness dependence of auditory evoked potentials in patients with atypical depression. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 54, 7-12.
- Lee, S. H., **Yoon, S.**, Kim, J. I., Jin, S. H., & Chung, C. K. (2014). Functional connectivity of resting state EEG and symptom severity in patients with post-traumatic stress disorder. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 51, 51-57.

PRESENTATIONS

Oral Proceedings (4)

Yoon, S (2020, June). An Ecological Momentary Assessment of Music Choice in Depression. Presented at the virtual 2020 SAS (Society of Affective Science) Annual Conference

Yoon, S (2018, April). Why Depressed Persons Prefer Sad Stimuli? Presented at the 2018 SAS Annual Conference

Yoon, S. (2018, March). Are Attitudes Towards Emotions Associated with Depression? A Conceptual and Meta-Analytic Review. Presented at the Clinical Area Brownbag Lecture Series, Department of Psychology, University of South Florida

Yoon, S (2014, May). Perceptual Deficit for Facial Emotion in Patients with Major Depressive Disorder and Anxiety Disorders. Presented at the Spring Conference of Korean Academy of Anxiety Disorder, South Korea

Poster Presentations (7)

Grannad, N., Kleinman, M., Mertz, J., Dang, V., **Yoon, S.**, & Rottenberg, J. (2019, April). Implicit and explicit attitudes towards emotion exhibit differential relations to depression. Presented at the 2019 SAS Annual Conference

Yoon, S., Kleinman, M., Mertz, J., Dang, V., Grannad, N & Brannick, M. (2019, April). Is social network site usage related to depression? A meta-analysis of Facebook-depression phenomenon. Presented at the 2019 SAS Annual Conference

Yoon, S., Mertz, J., Dang, V., Grannad, N., Kleinman, M., & Rottenberg, J. (2018, May). Affect valuations predict emotional reactivity to future exam success and failure. Presented at the 30th APS (Association for Psychological Science)

Yoon, S. (2015, December). The validation of emotional video excerpts. Presented at the First year project research presentation, Department of Psychology, University of South Florida

Yoon, S. & Lee, S.H. (2015, April). Early posterior negativity as an electrophysiological evidence of increased brain activation for fearful face in patients with anxiety disorder. Presented at the 35th ADAA (Anxiety and Depression Association of America) Annual Conference

Yoon, S., Kim, H.S., & Lee, S. H. (2014, August). Emotional Preference and emotional expected usefulness in individuals with major depressive disorder. Presented at the American Psychological Association's 122nd Annual Convention

Lee, S.H., **Yoon, S.**, & Kim, D.W. (2013, May). Functional connectivity of resting state EEG and symptom severity of patients with post-traumatic stress disorder. Presented at the Spring Conference of Korean Academy of Anxiety Disorder, South Korea

RESEARCH EXPERIENCES

Postdoctoral Fellow

College Mental Health Program, McLean Hospital/Harvard Medical School 2020 – 2021
Advisor: Stephanie Pinder-Amaker, Ph.D.

Graduate Research Assistant

Mood and Emotion Lab, USF 2015 – 2019
Advisor: Jonathan Rottenberg, Ph.D.

Graduate Research Assistant

Clinical Emotion and Cognition Lab, Inje University Ilsan Paik Hospital, South Korea 2013 – 2015
Advisor: Seung-Hwan Lee, M.D, Ph.D.

EDITORIAL EXPERIENCE/AD HOC JOURNAL REVIEWING

Clinical Psychology Review
 Journal of Affective Disorders
 Bipolar Disorders
 BMC Psychiatry
 Clinical Psychological Science
 Psychiatry and Clinical Neuroscience
 Anxiety, Stress, & Coping
 Child and Adolescent Mental Health

TEACHING/MENTORSHIP EXPERIENCE

Course Instructor

Abnormal Psychology, USF Spring, 2019

Lab Instructor

Research Methods in Psychology, USF 2018
 Research Methods in Psychology, USF 2016
 Introduction to Psychological Science, USF 2015

Course Assistant

Community Practicum Mental Health, USF 2017
 Counseling Psychology, Sogang University Fall, 2013

Graduate Student Mentor

- Supervised research assistants Mood and Emotion Lab 2016- May 2019
- *Mentees:* Brendon Solomon, Helena Polansky, Jessica Mertz, Mary Kleinman, Nakisa Ghannad, Van Dang, Veronica Vazquez
- Provided bi-weekly statistical seminars
- Provided one-on-one meetings regarding career development

Clinical Supervisor for practicum students

- Provided weekly supervision McLean hospital 2020- current

CLINICAL EXPERIENCE

Postdoctoral Fellow- Mental Health Coach

McLean Hospital/Harvard Medical School

Sept 2020 – Present

- College Mental Health Program
Director: Stephanie Pinder-Amaker, Ph.D.
Supervisors: Caitlin Nevins, Ph.D.
Population: College students with a wide range of mental disorder(s)
Emphasis: Providing individual coaching sessions to college students, including DBT, CBT, ACT, and mindfulness

Clinical Psychology Intern

McLean Hospital/Harvard Medical School

2019 – July 2020

- Behavioral Health Partial Hospital Program
Directors: Thröstur Björgvinsson, Ph.D., Philip G. Levensky, Ph.D.
Supervisors: Elsa Ronningstam, Ph.D., Jacob A. Nota, Ph.D., Kerry Garvey, Ph.D., Matthew D. Schrock, Ph.D.
Population: Adults with a wide range of mental disorder(s)
Emphasis: Providing group therapies and individual therapies to adults, including DBT, CBT, ACT, and mindfulness
- McLean On Track program
Supervisor: Kathryn Eve Lewandowski, Ph.D.
Population: Young adults with first episode psychosis and bipolar disorder(s) *Emphasis:* Providing individual therapies to young adults, including CBT for psychosis, motivational interviewing, and psychoeducation about mental health and self-care
- McLean OCD Institute
Supervisor: Jason Krompinger, Ph.D.
Population: Adults with OCD and its related disorders
Emphasis: Providing individual coaching and a group therapy on life in recovery

Clinical Psychology Extern

Rogers Behavioral Health, Tampa

2017 – 2018

- Child & Adults therapy
Supervisor: Sim Yin Tan, Ph.D
Population: Children and Adults with mood and anxiety disorders
Emphasis: Providing group therapies to adolescents and adults, including DBT, CBT and mindfulness; providing exposure response preventions to children and adolescents with anxiety disorders

Graduate Student Clinician

Psychological Services Center (Psychology Department) at USF

2012 – 2019

- Child & Adults assessments and therapy

Supervisors: Vicky Phares, Ph.D., Margaret Booth-Jones, Ph.D., James Epps, Ph.D., Kristi Weiner, Ph.D.

Population: Sliding-scale community outpatient clinic with rotations focused on: A) children presenting for gifted, attention deficit, and/or learning disability evaluations; B) children with emotional problems; C) adults with mood and anxiety disorders; and D) adults presenting for specific learning difficulties, ADHD, and other neurocognitive difficulties

Emphasis: Conducting psychoeducational evaluations; scoring assessments; writing integrative reports; providing recommendations and feedback to families; conducting initial patient evaluations; providing client feedback; providing cognitive-behavioral therapy

Intake Interviewer

Department of Psychiatry, Inje University Ilsan Paik Hospital, South Korea

2014 - 2015

- Intake assessment

Supervisors: Seung-Hwan Lee, Ph.D.

Population: Newly admitted outpatients

Emphasis: Administering intake interview and self-reported symptom measures (HAM-A/D; MMSE); producing a brief summary of symptoms of newly admitted patients

Therapy Assistant

Aicorea Songpa-Aizone, Seoul Municipal Counseling Center for Children, South Korea

Nov 2012-Feb 2013

- Child therapy

Population: Children with behavioral and emotional problems in underserved communities

Emphasis: Assisting group therapies and producing written observation reports

Therapy Assistant

Social Skills Training Group, Rudolph Child Research Center, South Korea

2007, 2009-2010

- Child therapy

Supervisor: Yun-Joo Koh, Ph.D.

Population: Children/ Adolescents with Autism spectrum disorders (ASD)

Emphasis: Assisting social skills training groups for children with ASD; producing written observation reports

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)

- Division 12: Society of Clinical Psychology

Society of Affective Science